



Subject Area: PSHE - Curriculum Map

EYFS objectives which lay the foundations for PSHE in Key Stages 1 and 2

	<p>Be able to talk about themselves including their likes and dislikes, family members, favourite toys, family celebrations. Develop a positive relationship with the adults in class. Develop a positive relationship with their Y6 Buddy in school. Learn the names of other children in class. Make new friends by being open to playing with unfamiliar chn. Understand what makes a good friend. Be able to show kindness to friends who are upset. Understand the key emotions of happy, sad, angry, afraid and calm through the use of "The Colour Monster" book. Understand how we can identify these key feelings in ourselves. Develop resilience and perseverance in the face of challenge. Be able to set their own goals and work towards them eg. in the modelling area or when playing with a ball Learn about strategies for calming down when angry and begin to use these. Be able to identify how others might be feeling in daily life and in the stories they read. Respect the feelings and wishes of others. Understand that some actions can hurt or harm others. Know the school rules and why they are important. Learn how to tidy up all the toys and equipment in the EYFS classroom and outdoor area. Understand why they need to wash their hands after using the toilet, before eating etc. Be able to wash their hands effectively. Begin to understand that in some places far away children do not have what they need to keep clean and healthy. Understand how to keep themselves warm outside on a cold day – wear coat, hat gloves, don't get wet, keep active! Know why it is important to use a tissue for a runny nose (and where to dispose of it). Know how to cough into their elbow to avoid spreading germs. Understand and learn the PANTS rules Name body parts and know which parts should be private Know the difference between appropriate and inappropriate touch Understand that they can say "no" to unwanted touch Know how to leave the school safely when the fire bell rings.</p>	<p>Understand how to keep themselves warm outside on a cold day – wear coat, hat gloves, don't get wet, keep active! Know why it is important to use a tissue for a runny nose (and where to dispose of it). Know how to cough into their elbow to avoid spreading germs. To develop the confidence to perform on stage in front of a large audience. To work as a team to rehearse and perform a Carol Concert. To understand the feeling of jealousy. To be able to celebrate when others do well and to share in good feelings. To understand that it is good to share all sorts of things eg. toys but also that it is good to share kindness. To be confident try new things and to know that it feels good to succeed at something. To know that making mistakes is another way of learning. Understand that we don't need to get angry or upset when we make mistakes whilst learning. To understand what it means to be curious. Be able to demonstrate their curiosity through asking questions. Understand the importance of routines for promoting good quality sleep Understand why sleep is so important for good health Understand how to keep themselves warm outside on a cold day – wear coat, hat gloves, don't get wet, keep active! Know why it is important to use a tissue for a runny nose (and where to dispose of it). Know how to cough into their elbow to avoid spreading germs. Know which adults they can trust (at home, at school and in the community) and who they can ask for help. Know about how to make an emergency phone call. Appreciate that music is a great way of changing your mood and making you happy Know that making music together helps us to share ideas and listen to the ideas of others. Know that animals can be trained to work for people Know that animals of all sizes must be treated with kindness. Understand that pets need a lot of care to grow healthy.</p>	<p>To initiate play, offering cues for peers to join them and to keep play going by responding to what others are saying or doing To understand that everyone brings their own skills when working as a team. To understand what we mean by "team work" and "collaboration". To know that we can often achieve more as a team than we can as individuals. To understand that people need fresh air and exercise to stay healthy and happy. To understand the dangers of too much sun exposure. To know some rules about playing safely in the sun – wear a hat, apply sunscreen, stay in the shade, drink plenty of water. To think about ways to play safely in, on and around the water. To learn stop, look, listen and think before crossing the road. To be aware of dangers on the roads and to follow safety rules and the law. Know that they should not play with fire. Know that both fire and smoke can harm people. Know that if there is a fire at home or at school the safest thing to do is get out of the building. Know that firefighters help to put out fires in an emergency. Know that you can call 999 and ask for the fire service in an emergency. Know what to do if their clothing were to catch fire (Stop, drop and roll) Have the confidence to participate in Sports Day. Learn to accept that there can only be one winner in a race. Explore how to respond to fellow competitors with kindness and empathy. Understand the need for resilience when taking part in races. Be able to take pride in all they have learned and achieved in Reception. Be able to tell their new teacher about their likes, dislikes, hobbies and interests. Feel confident and excited about meeting their new teacher and moving up to Year 1.</p>
--	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
AUTUMN	Being Happy. Being Mindful. First Aid and CPR. What is Friendship? Getting your sleep. Hygiene and Me. Understanding difficult feelings. Kind Vs Unkind NSPCC PANTS Campaign	Happiness Positive friendships Fire Safety It's okay not to be okay Understanding Peer Pressure Medicines and Drugs	Relationships with others, Helping others to get help, Growth Mindset, Self Image, Anxiety, Mindfulness	Respect Problem solving & Resourcefulness Leadership Balanced diet Healthy Eating The Importance of Physical Activity	Resilience Adversity Learning Body Language Inspiration Responsibility	Organisation of Life Recognising and controlling anger What is forced marriage (RE) The power of love Alcohol, smoking and vaping Drugs Illegal Drugs
SPRING	A problem shared is a problem halved. Communication. Trust. What makes a family? My Growing Body. Respecting others. Water Safety.	Respecting all Families Dealing with Loss Fight or Flight Desert Island Environment On Screen Safety	Stress, Problem solving and time management, Self-Worth, My body, Your body Renewable Energy, Living with little	What's love? Identity Fairtrade: Change through choice Government and Rules Freedom in Beliefs Family Relationships	Communication The Digital World You get out of life what you put in Respecting Others My body Changes The NHS	The power of words Celebrating women in history The Government Lawmakers and Activists Rights and radicalisation
SUMMER	Braving the weather. Emergency Services. Food safety and what not to eat. Wildlife. Road safety. Safety symbols. Signalling and Sign Language.	Cyber Safety The Art of Failure My Private Body - NSPCC PANTS session Personal Goal Setting Protecting our Planet Adapting to Change	Playing outside, Dares and Crazes, Bullying and Teasing, Safety at Home, Honesty, Young Carers	Being Responsible Respect Earning money Problem Solving and Resourcefulness Try and try again Leadership	Supporting the Community Saving money Nutritional Values The Human Body	Feeling Anxious The power of negotiation Learning to working Law Tax Pensions Banks How to write a CV First Aid My Amazing body